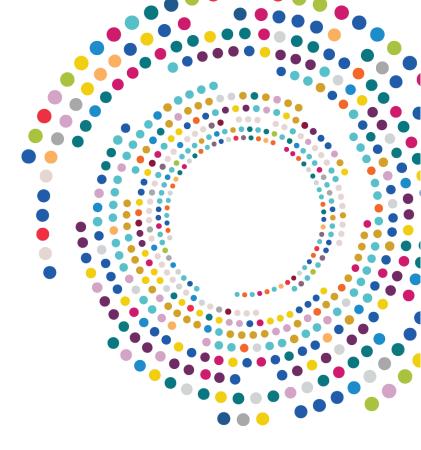
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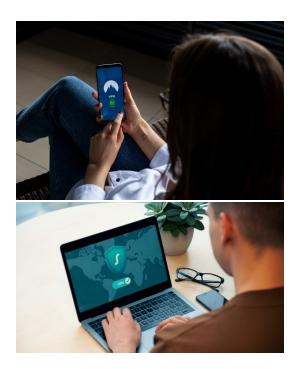
Cybersecurity On Steroids: Navigating COVID-19's New Threats to Companies and Private Households

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John Dermody, O'Melveny
Danielle C. Gray, Blue Cross North Carolina



COVID-19 Created New Cyber Landscape

- New Networks, Uncertain Conditions
- Services Shifting Online
- Telehealth
- Modified Business Relationships to Address Remote Operations



Opportunities For Exploitation

- FBI has been receiving 3,000-4,000 cybersecurity complaints each day, up 300%
- COVID-19 Related Phishing
- Ransomware is an Existential Threat
- Business E-mail Compromise





Targeted Industries



Challenges in a Remote Environment

Confidentiality of Information

- Breaches (electronic and paper)
- Webinars
- Telehealth

Uncertain Enforcement Post COVID-19







Challenges in a Remote Environment (Cont.)

Availability and Integrity of Information

- Interruption of Services
- Exploitation of Connected Devices





Video: Home Security Camera Crisis



https://abcnews.go.com/GMA/News/video/terrifying-video-familys-hacked-ring-camera-system-67704081

Battling the Pandemic

Tension Between Public Health and Privacy

- Employer Health Questionnaires
- Contact Tracing Apps
- Patchwork of Privacy Laws



Practical Actions To Protect Your Organization

- Layered Defense
- Training: People are the Weakest Link
- Up-to-Date Incident Response Plan
- Cyber Incident Exercises
- Review Terms of Insurance Policy





Practical Actions To Protect Yourself

- Use two-factor authentication (2FA)
- Regularly change passwords, and consider a password manager
- Don't leave yourself logged into devices that others (especially kids) have access to
- Regularly visit and monitor your accounts, especially financial accounts
- Use extra diligence before clicking or opening any files, even from work



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Thank you for joining us!

Follow up questions?

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CLE Form: https://www.surveymonkey.com/r/D6D8XRX

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